

# Jesus

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July 21, 2019

*"When you pray, don't be like the hypocrites who love to pray publicly on street corners and in the synagogues where everyone can see them. I tell you the truth, that is all the reward they will ever get. <sup>6</sup> But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.*

Matthew 6:5-6 (NLT)

- [Motives](#) Matter.
- [Rewarded](#)
  - [Access](#) to God and [answered](#) prayer.

*<sup>7</sup> "When you pray, don't babble on and on as the Gentiles do. They think their prayers are answered merely by repeating their words again and again. <sup>8</sup> Don't be like them, for your Father knows exactly what you need even before you ask him! <sup>9</sup> Pray like this: Our Father in heaven, may your name be kept holy. <sup>10</sup> May your Kingdom come soon. May your will be done on earth, as it is in heaven. <sup>11</sup> Give us today the food we need, <sup>12</sup> and forgive us our sins, as we have forgiven those who sin against us. <sup>13</sup> And don't let us yield to temptation, but rescue us from the evil one."*

Matthew 6:7-13 (NLT)

- ▶ "Our Father"
  - Tells me [WHO](#) I am present with...
  - Tells me [WHO](#) I am to Him...
    - I [belong](#)...I am [His](#)...[wanted](#)...[deeply](#) Loved...
- ▶ "in heaven,"
  - [Hope](#) breaking through.
- ▶ *may your name be kept holy.*
  - Set [apart](#)

## Have to know:

- ➔ [Trust](#) is built over time.
  - ➔ Chair Time brings:
    - ➔ [Affirmation](#) of His LOVE and my IDENTITY.
    - ➔ [Help](#) for what's NEXT.
    - ➔ Seeing a way [forward](#).
- ➔ The Father wants to be with us...the [choice](#) for connection is in my [hands](#) now.
  - What do we **lose** by rejecting God's relationship to us as a Father?

- ➔ The Father wants to be with us...the [choice](#) for connection is in my [hands](#) now.
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  - What do we **gain** by embracing God's relationship to us as a Father?
- ➔ Your [Father](#) is [holy](#).
  - What do we **lose** by rejecting God's holiness?
  - What do we **gain** by embracing God's holiness?

## CHALLENGE:

- Chair Time... 15 minutes or more a day.
- Sit with this teaching.
- Learn to TRUST.