



What's New in Heights Kids

Happy New Year!

January is a wonderful time to evaluate our family habits and determine how well they are serving us. Maybe we have gotten out of the habit of reading the Bible and praying with our spouse and children. Or maybe we are great at doing regular family devotions, but we could do a better job of playing together as a family. The truth is that we can all benefit from being intentional with our time. During your chair time this week, I encourage you to pray and ask God what He would like you to focus on with your family during this next season. Then, make a plan and do it! The goal is not perfection. Rather, the goal is to improve. Even if you spend 2 or 3 more times a week reading the Bible and praying together as a family, you will see great fruit! Every moment of prayer and Bible reading is vital in helping your children come to know Jesus and grow in their relationship with him.

Not sure where or how to start? Taking advantage of our Parent Cues and God Time-Cards is a great way to start discipling your children. I also highly recommend *Step into the Bible: 100 Bible Stories for Family Devotions* by Ruth Graham. (\$15.99, Amazon.com) The Bible stories and questions are engaging and relate well to preschool and elementary age children. My husband and I have fond memories of sharing them with our children.

Praying God's Best for You and Your Family,

Pastor Jennifer

Bible trivia:

Q: What four books tell about Jesus life on Earth?

A: Matthew, Mark, Luke, John

Links to:

God Time Cards



KIDS CORNER

Bible verse for the month

Elementary:

“God’s power has given us everything we need to lead a godly life,” 2 Peter 1:3a, NIV.

Preschool:

“The crowds were amazed at his teaching,” Matthew 7:28 NIV.

Parent connection

21 Things We Learned in 2021



“The year 2021 brought with it the realization that very few of the things that made 2020 so tedious and dread-filled would actually change if I didn’t change, too. That the world will always shake, rattle, and roll, but if my character has its roots dug deeply enough into the good stuff, I won’t be emotionally leveled by another pandemic (GOD ACTUALLY FORBID), chronic anxiety, or depression again. Sure, I’ll bend to the wind of extreme circumstances, but never again do I want to be ruled by my fears and emotions as much as I was in 2020.”

[Click here to finish reading the article](#)

MOPS/MomsNext

If you are a mom of kiddos elementary age and under, we would love for you to join us for our MOPS/MOMSnext Life Group. We are a sisterhood of moms who come together to laugh, cry, and embrace the journey of motherhood. We value our roles as moms and together we are deciding to rise. This year we embrace the transformative power of love, to the point where it starts to affect everything we do—the way we talk to our kids, interact with strangers, handle disappointments, celebrate victories and make decisions. Each meeting we will gather for authentic connection and encouraging teaching.

Cost: \$65 for fall, winter and spring quarters.

Includes MOPS International membership, MOPPETS and crafts.

Social Media

Heights Kids



Heights.churchkids



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