

## We are glad you're here!

Please visit the Information Kiosk in the quad after service for a special welcome gift. Someone is there to help you get connected.

## Get Involved!

If you would like to sign up for one of our Heights Ministry Teams, simply fill out the Ministry Partner Connection Card in your planner and drop it off at the Info Kiosk in the quad. We can't wait to have you on our team!

## What is Chair Time?

At Heights Church, we often talk about "Chair Time" with God — dedicated time spent alone with Him, drawing closer in prayer. To help guide you through The Lord's Prayer during your Chair Time, we created cards that are available at the Information Kiosk. Go by and grab one!

## Follow Us!

@Heights\_Church

It's an easy way to share with your friends everything going on around here at Heights Church.



## MORE ABOUT HEIGHTS CHURCH

### OUR VISION

People experiencing God.

### OUR MISSION

Empowering people to live as devoted followers of Christ.

### CORE VALUES

The Bible is our source.

We choose a culture of grace and truth.

Loving God and others drives us.

## Reach Out Outreach On-campus donation drop-off!

Reach Out Outreach On-campus donation drop-off last Sunday of the month. Join us by giving to our ongoing collection of boxed and canned foods, clothing, and essentials. Proceeds benefit local families and the unsheltered community through Bags of Hope, Sunrise Food Closet and Lifting Spirits Higher.

Check out the donation list online.

**Learn more  
here about  
Heights  
Church!**



# THE HOT SHEET



WELCOME TO  
**HEIGHTS CHURCH**  
SUNDAY, JULY 20

## HEIGHTS HAPPENINGS

### Married Life Group

#### New Study:

Overcoming Grumpiness,  
Irritation, and Anger

#### Begins Sunday, July 27

9:00 am – 10:30 am | WC, Room 5  
All married and engaged couples  
are welcome.

Would you like to overcome grumpiness, irritation, or anger? Doug Britton's practical, Bible-based approach will help you gain self-control, let God change your attitude, love others more, grow in patience, and handle difficult situations gracefully. Space is limited. Please sign up online or through the app!

### Classics' Luncheon

#### Friday, August 8

11:00 – 1:00 pm  
The Student Center

Join us for a Classics Luncheon featuring a delicious potluck-style meal and an informative talk from the Citrus Heights Police Department on senior fraud prevention—an especially relevant topic in today's world. Sign up online today!

## From Seats to Serving

Helping Others Experience God  
Sunday, August 10 after each service

This isn't just another Sunday—It's a chance to connect, have fun with the family, and discover how you can make a difference at Heights.

Bounce houses, donut walls, hot dogs—it's all happening! But the best part? You'll have a chance to find your place to serve and help others experience God.

Whether you're new or you've been around for a while, there's a place for you to step in. Join us in the Courtyard Sunday, August 10!

## LAST DAY TO SIGN UP

### REBOOT Camp Reimagined

HEIGHTS YOUTH, July 22 – July 25  
The cost is only \$200.

We are taking all the best parts of summer, all the amazing parts of summer camp and rolling them into a 4-day experience that will be unequalled to anything!

### ALL WEEK BREAKDOWN:

TUESDAY, Wake Island  
WEDNESDAY, Water Olympics  
and a night service  
THURSDAY, Beach Day  
FRIDAY, Mystery Day

This is the summer  
your students  
have been  
dreaming about!



## LEAN INTO LIFE GROUPS

### What is a Life Group?

A Life Group is a small group of people led by a trained leader, who meet to study God's Word and support one another.

### ON-GOING, ON-CAMPUS

Join one of these year-round Life Groups at any time!

#### WOMEN'S

##### Prayer Group

Mondays, 6:30 – 8:00 pm  
The Landing

#### MEN'S

##### Prayer Group

Mondays, 6:30 – 8:00 pm  
Room 10

##### Truth for Life Group

Wednesdays, 6:30 – 7:30 pm  
Room 10 & Zoom

##### Biblical Application Group

Wednesdays, 6:30 – 8:00 pm  
Room 5

#### MARRIED LIFE

##### Life Groups

Sundays, 9:00 – 10:30 am  
Room 5

##### New Study begins July 27

Overcoming Grumpiness, Irritation, and Anger

#### INTEREST BASED GROUPS

##### Classic's Group 55+

Sundays, 9:00 - 10:30 am

##### Young Adults Group 18 - 24

Sundays, 6:30 – 8:00 pm

## LEAN INTO LIFE GROUPS

### Life Group

#### Facilitator Training

August 17 & 24  
11:00 – 12:00 pm

Are you passionate about building community and helping others grow in their faith? We invite you to consider becoming a Life Group leader! These two training sessions will equip you with everything you need to lead a group confidently and create a meaningful impact in the lives of others. **Sign up today on the website or through the app!**

## SUMMER LABS

### Summer Life Group Labs

Engaging sessions that helps us dive deeper into our faith. A Life Group Lab is a short study on varying topics offered between Life Group quarters.

**All sessions are on  
Tuesdays, 6:30 pm – 8:00 pm  
in the Student Center**

July 22, 2025

#### The Unwritten Expectation of Leaders

Identify the silent standards placed on leaders and how to lead with clarity and peace.  
*Craig Sweeney, Lead Pastor*

Aug 5, 2025

#### Living In God's Power: The Cross, The Throne, & Fields of Battle

Discover what these Christian Life Essentials mean to you, how to respond, and why they matter. *Connie Neal, Author*

## SUMMER LABS

Aug 12, 2025

#### Staying Faithful Through Hardship

Discover how to strengthen your trust in God and hold on to hope when life gets tough. *Jen Yarbrough, Restoration Ministries Pastor*

**Learn more  
here about  
Summer Life  
Group Labs!**



## UNLEASHING COMPASSION

### Love Our Students

July 6 – August 3

We are partnering with the San Juan Unified School District. Just before the summer break ends, we will deliver supplies to local schools to help equip students for success!

Donation List in your planner and on our website under "Outreach in Our Community".

## RESTORATION MINISTRIES

### Celebrate Recovery

Thursdays, 6:30 pm – 8:30 pm  
Student Center

Celebrate Recovery is a supportive community where we walk through healing together. Whether you're dealing with hurts, hang-ups, or habits, you'll find real hope here.

Come join us this week—you'll find hope, healing, and people who care.

## MORE HERE



**ONE FUND**  
**Monthly Giving Goal**  
\$170,769.24

**July Giving**  
Week 1: \$47,246.35  
Week 2: \$20,975.47

To learn more about  
**ONE FUND**  
Visit our website under  
**UNITED**

**Download the App!**  
*Search: Heights Church CA*

Download the latest version of the Heights Church mobile app for your devices.

### Baptism Class

**Today and Sunday, July 27**  
ADULTS: 11:00 am, The Landing  
KIDS: 12:45 pm, Room 10

If you have accepted Jesus as your Lord and Savior but have not yet been baptized, then we have an opportunity for you!

Make sure to attend one of the mandatory baptism classes.

**No need to sign up, just show up!**

**BAPTISMS HELD**  
Sunday, August 3