

## WELCOME

### We are glad you're here!

Please visit the Information Kiosk in the quad after service for a special welcome gift. Someone is there to help you get connected.

### Get Involved!

If you would like to sign up for one of our Heights Ministry Teams, simply fill out the Connection Card in your planner and drop it off at the Info Kiosk in the quad. We can't wait to have you on our team!

## MORE ABOUT HEIGHTS CHURCH

### OUR VISION

People experiencing God.

### OUR MISSION

Empowering people to live as devoted followers of Christ.

### CORE VALUES

The Bible is our source.

We choose a culture of grace and truth.

Loving God and others drives us.

# THE HOT SHEET



## WELCOME TO HEIGHTS CHURCH SUNDAY, JAN 11

### LEAN IN TO LIFE GROUPS

#### Life Group Sign-Ups Today in the Quad!

Experience God in community! **Lean In** to Life Groups this year. Whether in home or on our campus, these gatherings offer a chance to immerse yourself in God's Word, form deep connections, and nurture your spiritual growth.

Lean in and discover the transformative power of community and faith.

## RESTORATION MINISTRIES

### GriefShare

Begins Sunday, February 15  
1:00 – 2:30 pm | WC Room 5

This is a 13-week study, with a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences, the death of a loved one.

You don't have to go through the grieving process alone. Sign up online.

### Download the App!

Search: Heights Church CA

### Keys To Freedom & Soul Care

Begins Monday, Jan 26

Sign-up online or through the app

**KEYS TO FREEDOM:** We want to see more people able to navigate their lives from a place of freedom and wholeness, using the biblical tools of transformation made available to us by God through His Word.

**SOUL CARE:** Ready to grow deeper? Soul Care sessions are a journey to help you experience healing, breakthrough, and a stronger connection with God. Each week tackles real-life struggles—like fear, shame, and forgiveness—and gives space for honest conversation, reflection, and prayer. Come discover the freedom Jesus has for your soul! **Prerequisite: Keys to Freedom.**

Sign up through  
Heights Church  
Restoration  
Ministries  
Webpage here.



### Follow Us!

@Heights\_Church

It's an easy way to share with your friends everything going on around here at Heights Church.



## LEAN INTO LIFE GROUPS

### What is a Life Group?

A Life Group is a small group of people led by a trained leader, who meet to study God's Word and support one another.

#### LEAN INTO LIFE GROUPS

### Life Group Sign-Ups

#### ON-GOING, ON-CAMPUS

Join one of these year-round Life Groups at any time!

#### WOMEN'S

##### Prayer Group

Mondays, 6:30 – 8:00 pm  
The Landing

##### Women's Book Study

"The Essentials of Effective Prayer"  
(6-week study, no homework)  
Mondays, 12:30 – 2:00 pm

##### Women's Message Driven

Wednesdays, 9:30 – 11:00 am  
and 6:30 – 8:00 pm

##### Women's Study

Thursdays, 10:00 – 11:30 am

#### MEN'S

##### Prayer Group

Mondays, 6:30 – 8:00 pm  
Room 10

##### Truth for Life Group

Wednesdays, 6:30 – 7:30 pm  
Room 10 & Zoom

##### Biblical Application Group

Wednesdays, 6:30 – 8:00 pm  
Room 5

## LEAN INTO LIFE GROUPS

### MARRIED LIFE

#### Life Groups

"Putting Money in Its Place"  
Sundays, 9:00 – 10:30 am  
Room 5

### INTEREST-BASED GROUPS

#### Classics Group 55+

Sundays, 9:00 – 10:30 am

#### Young Adults Group 18 - 24

Sundays, 6:30 – 8:00 pm

#### Veteran's Group (co-ed)

Tuesdays, 6:30 – 8:00 pm

#### Heights 45 (4<sup>th</sup> & 5<sup>th</sup> Graders)

Wednesdays, 6:30 – 8:00 pm

#### JHM Life Groups

Wednesdays, 6:30 – 8:00 pm

### Got Questions about Life Groups?

Connect with Pastor Justin Orr.  
JustinO@heightsconnect.com  
(916) 726-2100

### What is Chair Time?

At Heights Church, we often talk about "Chair Time" with God — dedicated time spent alone with Him, drawing closer in prayer.

To help guide you through The Lord's Prayer during your Chair Time, we created cards that are available at the Information Kiosk. Go by and grab one!

### Jersey Day!

Sunday, February 8

Wear your favorite sports jersey, any team, any sport to church.

## HEIGHTS HAPPENINGS

### Membership Class

MOVE FROM THE CROWD  
TO THE CORE

Sundays, Jan 25, Feb 1 & 8

11:00 am – 12:00 pm

Sign-up online or through the app

Here at Heights Church, we value the mission of the church and the community of believers that share the mission. Our Membership Class is an opportunity to find out more about who we are and what we believe. It is a great way to learn about the church, meet new people and get connected.

#### Student Ministries

### THRIVE Unleashed

February 6 & 7, 2026

Sign-up online or through the app

Thrive Unleashed is a powerful student event designed to help Junior High and High School students encounter Jesus in a meaningful way.

Each day is filled with engaging speakers, vibrant worship, and fun activities. Tickets online are already \$89, but you can still purchase one here for \$79.

Don't delay—this is an incredible opportunity for your student to experience an event that can impact their life for good!

### Download the App!

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## UNLEASHING COMPASSION

### Celebrate Recovery

Freedom Is Possible

Thursdays, 6:30 pm – 8:30 pm

The Student Center

Celebrate Recovery is a supportive community where we walk through healing together. Whether you're dealing with hurts, hang-ups, or habits, you'll find real hope here.

### Reach Out Outreach

On-campus donation drop-off!

JANUARY 25, 2026

Check out the donation list online.



### ONE FUND

Monthly Giving Goal

\$170,769.24

#### December Giving

Week 3: \$39,918.65

Week 4: \$72,253.45

#### January Giving

Week 1: \$39,929.80

### Outreach Team

We're so grateful for our Outreach Volunteers who generously serve near and far.



Your efforts bring hope, care, and positive change wherever you go.