

## WELCOME

### New to Heights Church? We are glad you're here!

Please visit the Information Kiosk in the quad after service for a special welcome gift. Someone is there to help you get connected.

### Get Involved!

If you would like to sign up for one of our Heights Ministry Teams, simply fill out the Connection Card in your planner and drop it off at the Info Kiosk in the quad. We can't wait to have you on our team!

## UNLEASHING COMPASSION

### Reach Out Outreach

On-campus donation drop-off!  
SUNDAY, JUNE 28

Check out the donation list at  
Heightschurchonline.com >  
Outreach > In Our Community.

# THE HOT SHEET



## WELCOME TO HEIGHTS CHURCH

SUNDAY, MAY 31, 2026

### Finding Peace

#### OVERCOMING

#### Anxiety, Fear, and Worry

Begins Sunday, June 7  
10:50 am - 12:10 pm, Room 5

Everyone experiences anxiety, fear, or worry from time to time—sometimes over relatively small things, sometimes over life-shaking circumstances. Join Doug Britton in this six-week study of how we can experience God's peace in the midst of our trials and troubles.

Sign-up online or through the app.

### FOUND

#### Summer Youth Camp

JHM July 13 - 15 | HSM July 15 - 17

We understand that students may feel lost or hopeless in this world, and we want them to discover what it means to be truly FOUND by Jesus.

Students will learn that no matter where they've been or where they are, Jesus knows them, loves them, and calls them His own.

Join us for an unforgettable time of faith, fun, and discovering where you belong.



## MORE ABOUT HEIGHTS CHURCH

### OUR VISION

People experiencing God.

### OUR MISSION

Empowering people to live as devoted followers of Christ.

### CORE VALUES

The Bible is our source.

We choose a culture of grace and truth.

Loving God and others drives us.

### Heights Kids Camp

June 16 - 18  
5:30 - 8:00 pm

4 years-6th grade  
2026-2027 Academic Year



We serve a mighty God! A God that encourages us, delights in us, rescues us, and empowers us to do great things.

This summer at the Heights Kids Camp, we will embark on an epic adventure where we will grow in courage and learn what it means to trust God through the ups and downs of life.

### Classic's Luncheon

Tuesday, June 2  
11:00 am - 1:00 pm  
The Student Center

Join us for a wonderful afternoon of fellowship, delicious salads and desserts, and an inspiring special guest speaker.

Dr. Frank Gontarski, a retired dentist, will share stories and experiences from his mission work in Jamaica. Join us for a meaningful and encouraging time together.

Sign up online or through the app.

### Follow Us

#### @Heights\_Church

It's an easy way to share with your friends everything going on around here at Heights Church.



## LEAN INTO LIFE GROUPS



Lean in to the transformative power of community and faith.

### ON-GOING YEAR ROUND LIFE GROUPS.

#### WOMEN'S GROUPS

##### Prayer Group

Mondays, 6:30 – 8:00 pm  
The Landing

#### MEN'S GROUPS

##### Prayer Group

Mondays, 6:30 – 8:00 pm, Rm 10

##### Message Driven

Biblical Application Group  
Wednesdays, 6:30 – 8:00 pm  
The Landing

##### Truth for Life Group

Wednesdays, 6:30 – 7:30 pm  
Room 5 & Zoom

#### MARRIED LIFE

“Five Love Languages”

Sundays, 9:00 – 10:30 am  
Room 5

#### INTEREST-BASED GROUPS

##### Classics Group 55+

Sundays, 9:00 - 10:30 am  
The Student Center

##### Young Adults Group 18 – 24

NEXT MEETING JUNE 21

Sundays, 6:30 – 8:00 pm  
The Student Center

## SUMMER LABS

### Summer Life Group Labs

Engaging sessions that helps us dive deeper into our faith. A Life Group Lab is a short study on varying topics offered between Life Group quarters.

**All sessions are on  
Tuesdays, 6:30 pm – 8:00 pm  
in the Student Center**

**SIGN-UP ONLINE OR THE APP**  
Register Early. Seating is Limited.

**July 7**

#### BIBLICAL BOUNDARIES

*What They Are and What They Are Not*  
Speaker: Jennifer Alessio

**July 14**

#### THE JESUS PROCESS

*How to Make Disciples*  
Speaker: Justin Orr

**July 21**

#### THE GIFT OF THE SPIRIT

*Understanding Spiritual Gifts and Their Role in the Body of Christ*  
Speakers: Craig Sweeney, Becky Sweeney, and Jen Yarbrough

**July 28**

#### PRAYING WITHOUT CEASING

*How Is That Possible?*  
Speaker: Ruth Fox

**August 4**

#### THE NON-TECHIE'S GUIDE TO BETTER BIBLE STUDY

*Reading, Listening & Search*  
Speaker: Connie Neal

**August 11**

#### NAVIGATING TECHNOLOGY IN A GODLY WAY

Speakers: Craig and Becky Sweeney

## RESTORATION MINISTRIES

### Celebrate Recovery

Thursdays, 6:30 pm – 8:30 pm  
The Student Center

Celebrate Recovery is a supportive community where we walk through healing together. Whether you're dealing with hurts, hang-ups, or habits, you'll find real hope here.

Come join us this week—you'll find hope, healing, and people who care.

**LEARN MORE AT:  
HEIGHTSCHURCHONLINE.COM  
/CELEBRATE RECOVERY**

## UNLEASHING COMPASSION

### Alternatives

#### Pregnancy Center

APC cares for women facing unplanned pregnancies. Your participation helps provide compassionate support and hope during life-changing moments.



#### GRAB A BABY BOTTLE!

Fill it up with cash or check and return to Info Kiosk by June 16, Father's Day.

### Thank you, Kiosk Team

Thank you for generously giving your time and energy to serve at our Info Kiosks. Your presence brings clarity, connection, and care to our campus.

## MORE HERE

### What is Chair Time?

At Heights Church, we often talk about “Chair Time” with God — dedicated time spent alone with Him, drawing closer in prayer.

To help guide you through The Lord's Prayer during your Chair Time, we created cards that are available at the Information Kiosk. Come by and grab one!

### ONE FUND

Monthly Giving Goal  
\$226,925

#### May Giving

Week 1: \$57,716.84  
Week 2: \$39,164.08  
Week 3: \$35,833.14  
Week 4: \$39,969.79

To learn more about **One Fund**, visit **Make Room** on our website.



### Download the App!

Download the latest version of the Heights Church mobile app for your iPhone, iPad, or Android.

Search: *Heights Church CA*