

## WELCOME

### New to Heights Church? We are glad you're here!

Please visit the Information Kiosk in the quad after service for a special welcome gift. Someone is there to help you get connected.

### Get Involved!

If you would like to sign up for one of our Heights Ministry Teams, simply fill out the Connection Card in your planner and drop it off at the Info Kiosk in the quad. We can't wait to have you on our team!

### What is Chair Time?

At Heights Church, we often talk about "Chair Time" with God — dedicated time spent alone with Him, drawing closer in prayer.

To help guide you through The Lord's Prayer during your Chair Time, we created cards that are available at the Information Kiosk. Come by and grab one!

### Follow Us

#### @Heights\_Church

It's an easy way to share with your friends everything going on around here at Heights Church.



## UNLEASHING COMPASSION

### Reach Out Outreach

On-campus donation drop-off!  
SUNDAY, MAY 31

Check out the donation list at  
Heightschurchonline.com >  
Outreach > In Our Community.

## RESTORATION MINISTRIES

### Celebrate Recovery

FREEDOM IS POSSIBLE  
Thursdays, 6:30 pm – 8:30 pm  
The Student Center

In our broken world, we all face life's hurts and habits. Celebrate Recovery is a supportive community where we come together to share our struggles and work on healing.

CR offers a biblically balanced path to recovery, guiding us towards healthy habits and mending relationships.

## MORE ABOUT HEIGHTS CHURCH

### OUR VISION

People experiencing God.

### OUR MISSION

Empowering people to live as devoted followers of Christ.

### CORE VALUES

The Bible is our source.

We choose a culture of grace and truth.

Loving God and others drives us.

# THE HOT SHEET



## WELCOME TO HEIGHTS CHURCH

SUNDAY, MAY 10, 2026



### Night of Worship

Sunday, May 17, 7:00 – 8:30 pm  
Heights Church Sanctuary

Get ready for a powerful night of worship and renewal. As we gather, we'll take time to slow down and be in God's presence.

### Alternatives Pregnancy Center

APC cares for women facing unplanned pregnancies. Your participation helps provide compassionate support and hope during life-changing moments. Visit them in the Quad today!

### Communications Assistant Position

Heights Church is looking for a part-time Communications Admin/Social Media Support team member.



If you're organized, creative, and passionate about ministry, scan the QR code for all the details.

## MARRIED LIFE NEW STUDY

### Five Love Languages

Begins Sunday, May 17  
9:00 – 10:30 am, Room 5

Discover how to keep your relationship growing and meaningful by learning the simple, powerful ways you and your partner give and receive love. Optional book available to purchase for \$10.00 in class. **Sign up online or through the app.**



### Heights Kids Camp

June 16- 18 | 5:30 - 8:00 pm  
4 years-6th grade  
2026-2027 Academic Year

We serve a mighty God! A God that encourages us, delights in us, rescues us, and empowers us to do great things. This summer at the Heights Kids Camp, we will embark on an epic adventure where we will grow in courage and learn what it means to trust God through the ups and downs of life.

Cost is \$90 for first child and \$80 for each additional child.



## LEAN INTO LIFE GROUPS



Lean in and discover the transformative power of community and faith.

### Got Questions about Life Groups?

Connect with Pastor Justin Orr.  
Justino@heightsconnect.com  
(916) 726-2100

## WOMEN'S GROUPS

### Book Study

"Heaven, Hell and Life After Death"  
Mondays, 12:30 - 2:00 pm, Rm 5

### Prayer Group

Mondays, 6:30 - 8:00 pm  
The Landing

### Message Driven

Tuesdays, 10:00 - 11:30 am, Rm 5

### Message Driven

Wednesdays, 9:30 - 11:00 am, Rm 5

### Message Driven

Wednesdays, 6:30 - 8:00 pm  
Sanctuary

## MEN'S GROUPS

### Prayer Group

Mondays, 6:30 - 8:00 pm, Rm 10

### Message Driven

Biblical Application Group  
Wednesdays, 6:30 - 8:00 pm  
The Landing

### Truth for Life Group

Wednesdays, 6:30 - 7:30 pm  
Room 5 & Zoom

## LEAN INTO LIFE GROUPS

## MARRIED LIFE

New Study Begins May 17  
"Five Love Languages"  
Sundays, 9:00 - 10:30 am, Rm 5

## INTEREST-BASED GROUPS

### Classics Group 55+

Sundays, 9:00 - 10:30 am  
The Student Center

### Young Adults Group 18 - 24

Sundays, 6:30 - 8:00 pm  
The Student Center

### Veteran's Group (co-ed)

Tuesdays, 6:30 - 8:00 pm  
Room 5

### Heights 45 (4<sup>th</sup> & 5<sup>th</sup> Graders)

Wednesdays, 6:30 - 8:00 pm  
Room 9

### JHM Life Groups

Wednesdays, 6:30 - 8:00 pm  
Girls, Room 6  
Boys, Room 10

## RESTORATION MINISTRIES

## **Keys to Freedom & Soul Care Groups**

FOR MEN AND WOMEN  
Begins Monday, June 1  
6:30 pm - 8:00 pm

### KEYS TO FREEDOM

Find freedom and wholeness through biblical tools that transform how you live your life.

### SOUL CARE

Go deeper through healing, breakthrough, and connection with God. *Prerequisite: Keys to Freedom.*

## UPCOMING EVENTS

### 2ND ANNUAL MEN'S MINISTRY

# STEAK OUT

### Friday, May 22

6:30 - 8:30 pm  
The Student Center

Men, we are firing up the grills! Bring your own meat and join us for an epic night with real talk, great fellowship, fun, and a powerful message you won't want to miss.

We will provide all the sides and drinks. Spend time getting to know other men and drawing closer to Jesus.

**Cost: \$10.00.** It's a great event to bring a friend. *Sign up online, through the app, or at the Kiosk today.*

## Women's Event

### ROOTS AND RHYTHM

Friday, June 5  
6:30 pm - 8:30 pm

Grab your boots and come gather with us for a night of connection, laughter, and line dancing. Whether you're a line-dancer or a dance-watcher, you're sure to have a great time as we explore what it means to be in rhythm with Jesus.

We'll also have a devotional and a simple craft-so there is something for everyone!!

No pressure—just fun, rhythm, and community. \$10 and a howdy gets you in the door!

## UPCOMING EVENTS

## Classic's Luncheon

Tuesday, June 2  
11:00 am - 1:00 pm  
The Student Center

Join us for a wonderful afternoon of fellowship, delicious salads and desserts, and an inspiring special guest speaker. Dr. Frank Gontarski, a retired dentist, will share stories and experiences from his mission work in Jamaica. Join us for a meaningful and encouraging time together. **Sign up online or through the app.**

## Thank You

### Life Group Leaders

We're so thankful for the way you walk with others in truth and love. Your leadership is a beautiful example of Christ's compassion and generosity.

## ONE FUND

Monthly Giving Goal  
\$226,925

May Giving  
Week 1: \$57,716.84

To learn more about **One Fund**, visit **Make Room** on our website.

