

## WELCOME

### New to Heights Church? We are glad you're here!

Please visit the Information Kiosk in the quad after service for a special welcome gift. Someone is there to help you get connected.

### Get Involved!

If you would like to sign up for one of our Heights Ministry Teams, simply fill out the Connection Card in your planner and drop it off at the Info Kiosk in the quad. We can't wait to have you on our team!

### What is Chair Time?

At Heights Church, we often talk about "Chair Time" with God — dedicated time spent alone with Him, drawing closer in prayer.

To help guide you through The Lord's Prayer during your Chair Time, we created cards that are available at the Information Kiosk. Come by and grab one!

### Follow Us

@Heights\_Church

It's an easy way to share with your friends everything going on around here at Heights Church.



## UNLEASHING COMPASSION

### Reach Out Outreach

On-campus donation drop-off!

SUNDAY, JUNE 28

Check out the donation list at [Heightschurchonline.com](http://Heightschurchonline.com) > Outreach > In Our Community.

### MORE ABOUT HEIGHTS CHURCH

#### OUR VISION

People experiencing God.

#### OUR MISSION

Empowering people to live as devoted followers of Christ.

#### CORE VALUES

The Bible is our source.

We choose a culture of grace and truth.

Loving God and others drives us.

# THE HOT SHEET



## WELCOME TO HEIGHTS CHURCH

SUNDAY, JUNE 14, 2026

BBQ PICNIC LUNCH ON  
SUNDAY, JULY 12 AT 1:00 PM

### Married with Kids

(5th grade and under)

Looking for community? Join us for lunch, meet the Life Group leaders, and connect with other families in a similar season of life.

Learn more about our Fall Life Groups and discover how you can build meaningful relationships through message-driven discussion and community.

**BONUS!** You'll have the first opportunity to sign up for a Fall Life Group and take advantage of our new free childcare program available during on-campus Wednesday evening groups.

**EVEN THOUGH THE LUNCH IS FREE WE STILL NEED YOUR RSVP.**  
Sign up online today.

### Alternatives

#### Pregnancy Center

APC cares for women facing unplanned pregnancies.

#### RETURN BOTTLES NEXT SUNDAY

Fill it up with cash or check and return to Info Kiosk by June 21 - Father's Day.



### Finding Peace

#### OVERCOMING

Anxiety, Fear, and Worry

Begins Sunday, July 12

10:50 am - 12:10 pm, Room 5

Everyone experiences anxiety, fear, or worry from time to time—sometimes over relatively small things, sometimes over life-shaking circumstances. Join Doug Britton in this six-week study of how we can experience God's peace in the midst of our trials and troubles.

SIGN-UP ONLINE OR THE APP.



### Heights Kids Camp

June 16 - 18

5:30 - 8:00 pm

4 years-6th grade

2026-2027 Academic Year



We serve a mighty God! A God that encourages us, delights in us, rescues us, and empowers us to do great things.

This summer at the Heights Kids Camp, we will embark on an epic adventure where we will grow in courage and learn what it means to trust God through the ups and downs of life.

## LEAN INTO LIFE GROUPS



Lean in to the transformative power of community and faith.

### ON-GOING YEAR ROUND LIFE GROUPS.

#### WOMEN'S GROUPS

Prayer Group

OFF THIS WEEK

Mondays, 6:30 – 8:00 pm  
The Landing

#### MEN'S GROUPS

Prayer Group

OFF THIS WEEK

Mondays, 6:30 – 8:00 pm, Rm 10

Message Driven

OFF THIS WEEK

Biblical Application Group  
Wednesdays, 6:30 – 8:00 pm  
The Landing

Truth for Life Group

OFF THIS WEEK

Wednesdays, 6:30 – 7:30 pm  
Room 5 & Zoom

#### MARRIED LIFE

"Five Love Languages"

Sundays, 9:00 – 10:30 am  
Room 5

#### INTEREST-BASED GROUPS

Classics Group 55+

Sundays, 9:00 - 10:30 am  
The Student Center

Young Adults Group 18 – 24

CHECK WEBSITE FOR SCHEDULE

Sundays, 6:30 – 8:00 pm  
The Student Center

## SUMMER LABS

### Summer Life Group Labs

Engaging sessions that help us dive deeper into our faith. A Life Group Lab is a short study on varying topics offered between Life Group quarters.

All sessions are on  
Tuesdays, 6:30 pm – 8:00 pm  
in the Student Center

SIGN-UP ONLINE OR THE APP

Register Early. Seating is Limited.

July 7

#### BIBLICAL BOUNDARIES

*What They Are and What They Are Not.*

*How to apply boundaries in your relationships while staying in community.*

Speaker: Jennifer Alessio

July 14

#### THE JESUS PROCESS

*How to Make Disciples*

Speaker: Justin Orr

July 21

#### THE GIFT OF THE SPIRIT

*Understanding Spiritual Gifts and Their Role in the Body of Christ*

Speakers: Craig Sweeney, Becky Sweeney, and Jen Yarbrough

July 28

#### PRAYING WITHOUT CEASING

*How Is That Possible?*

Speaker: Ruth Fox

August 4

#### THE NON-TECHIE'S GUIDE TO BETTER BIBLE STUDY

*Reading, Listening & Searching*

Speaker: Connie Neal

## SUMMER LABS

August 11

#### NAVIGATING TECHNOLOGY WITH BIBLICAL WISDOM

*How can we live as victorious Christ followers in an increasingly, technology driven world?*

Speakers: Craig and Becky Sweeney

August 18

#### BIGFOOT, ALIENS AND NEPHILIM...OH MY!

*Does the Bible have anything to say about them? Let's talk about it!*

Speaker: Craig Sweeney

## RESTORATION MINISTRIES

### Celebrate Recovery

Thursdays, 6:30 pm – 8:30 pm  
The Student Center

Celebrate Recovery is a supportive community where we walk through healing together. Whether you're dealing with hurts, hang-ups, or habits, you'll find real hope here.

Come join us this week—you'll find hope, healing, and people who care.

LEARN MORE AT:  
[HEIGHTSCHURCHONLINE.COM /CELEBRATE RECOVERY](http://HEIGHTSCHURCHONLINE.COM/CELEBRATE RECOVERY)

### Love Our Students

UNLEASHING COMPASSION  
Begins Sunday, July 5

We are partnering with the San Juan Unified School District. Just before the summer break ends, we will deliver supplies to local schools to help equip students for success!  
**SUPPLY LIST COMING SOON**

## MORE HERE



SUMMER YOUTH CAMP  
JHM July 13 – 15 | HSM July 15 – 17

We understand that students may feel lost or hopeless in this world, and we want them to discover what it means to be truly FOUND by Jesus.

Students will learn that no matter where they've been or where they are, Jesus knows them, loves them, and calls them His own.

Join us for an unforgettable time of faith, fun, and discovering where you belong.

REGISTER HERE



### JUNIOR HIGH SUNSPASH NITE SLIDES

Wednesday, July 1  
5:00 pm – 9:00 pm  
Meeting at Sunsplash!  
Sign-up online through Students.

### ONE FUND

Monthly Giving Goal  
\$181,540

June Giving  
Week 1: \$72,160.96



To learn more about One Fund, visit Make Room on our website.