HEIGHTS CHURCH

Married Life

**STRONGER MARRIAGES.
REAL COMMUNITY.**

Married Life is for married and engaged couples. It's a place to build stronger relationships, grow in God's design for marriage, and connect with other couples.

You are invited to be part of the Married Life community



CURRENT STUDY

LAYING A SOLID FOUNDATION

For married and engaged couples

AUTHOR DOUG BRITTON, MFT

This practical, Bible-based study draws from Doug Britton's experience counseling approx 1000 married couples along with the lessons he and his wife, Skeeter, have learned in their own marriage.

- **Overcome the one mistake almost every couple makes**
- **Apologize without groveling**
- **Overcome common marriage problems**
- **Understand what commitment is—and isn't**
- **Forgive without holding a grudge**
- **Understand God's picture of marriage**

SUNDAYS
9:00-10:30 AM
ROOM 5

IN HOME AND
ZOOM GROUPS
ALSO AVAILABLE

6540 SYLVAN RD., CITRUS HEIGHTS • MARRIEDLIFE@HEIGHTSCONNECT.COM

ALL ABOUT MARRIED LIFE

What is Married Life?

- It is a community of life groups of married and engaged couples.
- It is led by Doug Britton, MFT, and his wife Skeeter.

What do groups do when they meet?

- They grow lifetime friendships.
- They pray for one another.
- They study what the Bible says about marriage.
- They have fun and get together for potlucks.

Do these studies also help with friends and other relationships?

- Yes. Group members often say that learning about communication, making decisions, conflict resolution, how to be an encourager, and much more help them on the job, in their family, and in all areas of their lives.

What types of marriages join Married Life?

- Couples who just got married.
- Couples who have been married for decades.
- Couples with great marriages who want to make them better.
- Couples who are going through a difficult time.

When and where do groups meet?

- Some meet in church 9-10:30 Sunday morning.
- Some meet in members' homes 7-8:30 pm one night a week.
- Some meet on Zoom 7-8:30 pm one night a week.

What if there are no current meetings at a convenient time for us?

- Let us know. If there is interest, we would be glad to put something together.

How can I join a group or learn more?

- Scan the QR code at the bottom of the page.
- Email marriedlife@heightsconnect.com.
- Visit Room 5 in the church at 9:00 on a Sunday morning.

LET'S GET CONNECTED

We'd love to help you find your place in Married Life.

Scan the QR code to learn more or let us know you are interested

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